

Counselor Referral List

Listed in alphabetical order – 2017

Colorado Crisis Services 1-844-493-TALK (8255) – Forwarded to Center for Mental Health
National Suicide Prevention Hotline: 800-273-TALK (8255) *For Spanish press 2

Name	Credentials	Phone -Service area	Specialties	Modalities	Fees - Insurance	Referrals
Barfield, Jonathon 100 W. Colorado Ave. Suite 241 mountainpsychology@gmail.com www.telluridepsychotherapist.com	PhD in Psychology, MA in Transpersonal Studies, BA in Psychology & Ecology	Telluride 970-729-8303	Child attention issues and anxiety; Adult anxiety, depression and mood disorders; Chronic pain; Death and loss; Conflict resolution; Stress reduction	Mindfulness-based therapy, Cognitive therapy, Compassion-based therapy, Transpersonal approaches	Sliding Scale \$65-\$90/hr, No insurance	Children, Teenage boys 13+, Adults, Couples/families;
Bartlett, Kay kaybartlett@tds.net	LPC, CACIII	Montrose 970-270-0819	Court ordered DV counseling, Perpetrator, Christian Counseling	CBT, Client Centered	\$50/hr No insurance	Male/female perp. Gay/lesbian Perp.
Blake, Barbara	Masters in Social Work, LCSW	Ridgway 970-626-4330	Ind./Couples/ Family Issues & Self Growth, Relationships, EMDR, Trauma, Women's Issues, Incest & AMAC	EMDR, Narrative therapy	\$85- \$90/hr if Thru Insurance, Sliding Scale, Rocky Mtn. HMO	No Children Outside Family Work, SA, Couples
Busch, Rowlin Center for Mental Health Telluride Outpatient Services, Uncompahgre Medical Clinic, Telluride and Norwood School Districts	MEd, LPC	Telluride 728-6303 Norwood 327-4449	Anxiety, Depression, Mood Disorders, Crisis Intervention, Behavioral Health, Personal Growth, Team-Building and Leadership Development	Solution Focused Brief Therapy, Cognitive Behavioral Therapy, Motivational Interviewing, Play Therapy and Adventure-Based Therapy	Sliding scale, Insurance, Medicaid	Adults, Adolescents and Children
Call, Maria Spanish Speaker	LPC	Delta 970-874-0104	Behavioral Health, Immigration	CBT, Narrative Therapy	No Sliding Scale, CVC	Spanish-speaking
Cessario, Leanne	Certified Life Coach, MA in Counseling	970-708-0780	ADD/ADHD, Job coaching; works in conjunction with therapy and counseling	Life coaching; Energy work,	Sliding scale, no insurance, payment due at time of service	Adults, Adolescents, Children
Cooke, Rachael rcooke@tellmed.org telluridecounseling.com	MA, LPC Candidate, NCC	Telluride Medical Center 970-728-3848 970-788-3848 (direct)	Depression, Anxiety, Eating Disorders, Substance Use Disorders, Addictions, Trauma, Interpersonal Violence	CBT, DBT, Mindfulness, Systems/Family, Solution-focused, Strength-Based, Client-Centered, Psychoeducational	Sliding Scale, insurance	Adults, Adolescents, Children
Cooper, Eric 543S. 2 nd St Montrose coopco@montrose.net	LMFT, MA Marriage and Family EMDR	Montrose 970-249-2332	Children, Adolescents, Families, Adults, Couples	CBT, Play Therapy, Juvenile Sex Offender	\$110-\$90/hr Insurance CVC	Children, Adolescent, Adults, Couples, Families

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Duke, Audra	MA, LPC, RYT	Ridgway 720-289-3475	Trauma, Anxiety, Depression, Bipolar, Substance Abuse, Eating Disorders, Grief, Self-harm, Chronic Pain, Borderline, Interpersonal violence, Sexuality, ADHD, behavioral issues, anger	Sensorimotor Psychotherapy, EMDR, DBT, attachment-based, somatic, mindfulness	\$80-\$100/hr, Sliding scale	Adolescent, Adults, Elders, Couples
Eborn, Gin gindragonfly@yahoo.com gineborn.com	MSW, LSW	Telluride/Placerville 804-624-7438	Relationship confflights, anxiety, depression, addictions, eating disorders, end of life/aging concerns, career planning/coaching, grief, trauma	Psychotherapy, CBT, Narrative, Mindfulness, Strengths-based, life coaching, and shamanic based work	\$90/hr, sliding scale, no insurance, Triad EAP	Individuals, Couples
Fournoy, Shelley Center for Mental Health, Norwood office	MSW, LSW	Norwood 970-327-4449	Depression, anxiety		Sliding scale, Medicaid	Adults
Garner, Greer garnerdr@yahoo.com	PhD in Counseling Psychology Licensed in CO	Telluride Cell 970-708-0154	Family Violence, DV, Female Issues, Anxiety, Depression, PTSD, Relationship Issues, Dissociative Identity Disorder	Cognitive Behavioral, Solution-Focused and Narrative Therapy	\$90/hr, CVC , Pro Bono & Sliding Scale	Adolescents, Adults, Couples, Groups
Goudzwaard, Suzanne Associates in Behavioral Counseling, LLC 518 28 Road, Suite A207 Grand Junction, CO 81501	PsyD	Grand Junction 970-245-3212	Full psychological evaluations (including cognitive and personality components) for children, adolescents and adults; Parental Responsibilities Evaluations		\$175 intake \$150/hr Insurance	Not taking new clients
Gray, Tara www.DrTaraGray.com	PhD, LPC	970-769-9472	Wellness, Stress, Transistions/Family Changes, Depression, Anxiety, Eating disorders and body image issues, Bullying, Abuse and trauma, Sunstance use/abuse, Grief/loss, Relationships, Career/educational counseling	Group Counseling, Evidenced-based, CBT, SFBT, Trans-diagnostic therapy, Play therapy, Interpersonal Approach, Empowerment therapy	Self-pay with payment due at time of service, reduced fee services on a limited basis	Adults, Adolescents, Children, Groups, Does speak some Spanish
Hope West https://www.hopewestco.org/	Nonprofit organization	Montrose, Ouray, Delta, Mesa & Rio Blanco counties 970-241-2212	Bereavement/grief support	Individual, Group, Family	Some free, some sliding scale	Adults, Adolescents, Children, Families, Groups
Kees, Susan Spanish Speaking!	LPC, MA	970-708-0377		Eclectic, Cognitive-Behavioral	Sliding Scale	Children, Couples,

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Mlynarczyk, Matt Center for Mental Health		970-327-4449 Norwood	Substance use		Most insurance, Medicaid	
Mola, Rosa Center for Mental Health	MSW	Naturita 970.327.4449	Families			
Moore, Lynton	LPC, MA, CACII	Ridgeway and Telluride 970-729-0862 970-528-1524	PTSD, ADHD, Trauma, Sexual Abuse, Addictions, Relationships	EMDR, CBT, Self Empowerment, MBCT, SFBT, Motivational Interview	\$85-\$150/hr Sliding scale Adolescents \$1/minute	Adolescents, Adults
Pritchard, Karen Dunn Solutions Wellness	LPC	Montrose 970.249.4449	Trauma, Abuse, Depression, Anxiety	Hakomi (CHT), EDMR		Adults, Couples
Raney, Lori 560 Mt Village Blvd. #101 casadr@centurytel.net	M.D. Board Certified Psychiatrist	Telluride/ Ridgeway 970-759-8974	Diagnostic Evaluation, Medication Management, Educational Presentations		\$200 Deposit \$275-\$150/hr Insurance	Children, Adolescents, Adults
Read, Nancy	PhD, Licensed Psychologist	Telluride 970-728-1217	Anxiety, Depression, Anger Management, Family and Divorce, Grief, Play Therapy, Sexual, Emotional and Physical Abuse, ADHD, GLBTQ, PTSD	CBT, Play therapy, Family counseling, EMDR	Sliding Scale Medicaid, Medicare, BCBS, RMHP, UBH, UHC, CNIC, Cigna, Assurant, UMR; CVC Call for fee schedule	Children, Adolescents, Adults
Rolber, Ian Center for Mental Health	MSW	Norwood 970.327.4449	Substance abuse			
Robinson, Rita Rita.marie.robinson@gmail.com	Masters in Counseling/ Psychology	Telluride 970-729-0885	Grief, Loss, Depression, Anxiety, Relationship Issues, Low Self-Esteem, Coaching	Hakomi (Body Centered or Experiential Psychotherapy), Cognitive Behavioral	\$55-\$85/hr, No Insurance EAP	Adults, Couples
Shaffner, Rae Centanni rshaffner@tellmed.org	MSW, LCSW, Behavioral Health Clinician	Telluride Medical Center 970-728-3848	Behavioral Health, Depression, Anxiety, Trauma/PTSD, Substance Abuse, Interpersonal Violence, Geriatrics	Solution-Focused Therapy, CBT, Narrative Therapy, Validation Therapy	Sliding Scale, some insurances	Adults, Adolescents, Elderly, Groups, Families
Schofield, Pam	Masters in Counseling/ Psychology	Montrose 970-596-4212	Life Transitions, Grief, Couples, Whole Picture-Spiritual, Biological, Mental	Cognitive Behavioral, Talk Therapy	\$85/hr some sliding scale, no insurance CVC	Adults, Couples, Families
Squires, Terri 560 Mtn Village Blvd., Suite 102E Alternatiavementalh ealthpractitioner.com	LPC, Nurse, Practitioner, Psychiatric Mental Health Nurse Practitioner – Board Certified	808-866-6533 Fax: 888-338-7728	Psychiatry Services, Counseling, Perscriptions/ Medications	Depression, Anxiety disorders, Bipolar Disorders, Substance Abuse/ Dependence issues, ADHD		

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Smith, Susannah 126 W. Colorado #304 shas14@gmail.com	PhD, Clinical Psychologist, Licensed in CA & CO, Forensic Work, Expert Witness	Telluride 970-728-5234 Cell 970-708-0740	PTSD, Court Ordered Parenting, Play Therapy, Hypnosis and Stress Mgt, CBT, Legal Case Mgmt. Eating Disorders, Co-dependency, Family System Dynamics, Forensics, Mediation Equine Assisted Therapy	Jungian, CBT, Hypnotherapy, Forensics, Coaching, Family Systems	\$175/hr, Some Pro Bono, Insurance, & CVC Medicaid, Medicare	Children, Adolescents, Adults, Couples, Groups
Stephenson, Christine Solutions Wellness Center 2798 Woodgate Rd Ste A Montrose, CO 81401	LPC	Montrose 970-249-4449	Depression, Anxiety, Sleep hygiene, Addictions, Relationship problems, Behavioral Health, Nutritional Wellness, Stress Management	Behavior Modification, Solution-Focused therapy	Most private insurances	Adults, Children, Groups
Stanger, Linda Solutions Wellness Center 2798 Woodgate Rd Ste A Montrose, CO	LCSW	Montrose 970-249-4449	(In children): Anxiety, depression, anxiety, school performance	Play therapy, Parent and Child Interactions Therapy	Most private insurances	Adolescents, Children, Families
Taylor, Nick Solutions Wellness Center 2798 Woodgate Rd Ste A Montrose, CO 81401 nt.tbh@montrose.net	Phd, CACIII	Montrose 970-249-4449	Bilingual Spanish, Drug & Alcohol, Anger Management, Psychological Evaluations	Anger Management, CBT, Community Reinforcement Vouchers,	\$110/hr Insurance	
Watson, Carol New Directions 1802 S Townsend Ave.	MA licensed LPC/NCC Certified DV counselor, Graduate of REBT	Montrose 970-249-2134	Court ordered DV male or female, couples and individuals	Cognitive Behavior	Court ordered no insurance – sliding scale \$25/hr & up	Adults
Weiss, Mary Provider Services LLC 100 W Colorado Ave Suite 214	Psychiatrist, MD, MBA	Telluride 970.372.1934	ADHD, Addiction, Substance Abuse, Anxiety, Bipolar, Codependency, Copng skills, Depression, Divorce, Medical Detox, Med Management, OCD, Relationship Issues, Self-Esteem, Sleep/Insomnia, Stress, Trauma, PTSD			Adults and Adolescents/Teens (14-19)

For updated Certified Domestic Violence Treatment Providers – dcj.state.co.us/odvsom